

MO HealthNet (Missouri Medicaid)

# Preventative Healthcare

Get help preventing disease before it starts.



## What services are available?

Making your health a priority is an important step towards preventing disease and illness. If you are a MO HealthNet (Missouri Medicaid) participant, preventative services are included in your benefits and available at no cost. Examples of services include:

### Smoking Cessation

Get the help you need to quit smoking with free nicotine gum or patches.

### Diabetes Prevention Program

Helps prevent or delay the progression of type-2 diabetes for participants 21 and older.

### Healthy Children & Youth Program

Regular healthcare screenings and preventative care for children and youth.

### Maternal/Infant Care Management

Helps pregnant mothers and their newborns receive care during and after pregnancy.

### Immunizations

Protects children and adults from getting and spreading preventable diseases.

### Obesity Services

Prevention, assessment, and treatment of obesity to improve overall health outcomes.

### Health Homes

Care management for those with two or more qualifying chronic health conditions.

### Oral Health

Preventative services such as cleanings, fluoride treatments, and dental sealants.

## How do I apply?

If you do not currently have coverage through MO HealthNet and you would like to apply, visit us at: [mydss.mo.gov/healthcare](https://mydss.mo.gov/healthcare) or call 855-373-9994.



home state health.

Show Me Healthy Kids



The Missouri Department of Social Services  
is an equal opportunity provider.

Scan QR Code to apply  
or find a doctor.



## Discrimination & Civil Rights

HHS provides federal financial assistance for many programs to enhance health and well-being, including TANF, Head Start, the Low Income Home Energy Assistance Program (LIHEAP), and others. If you believe that you have been discriminated against because of your race, color, national origin, disability, age, sex (including pregnancy, sexual orientation, and gender identity), or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance, you may file a complaint with the Office for Civil Rights (OCR) for yourself or for someone else.

To file a complaint of discrimination for yourself or someone else regarding a program receiving federal financial assistance through HHS, complete the form on line through OCR's Complaint Portal at <https://ocrportal.hhs.gov/ocr/>. You may also contact OCR via mail at: Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; fax: (202) 619-3818; or email: [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov). For faster processing, we encourage you to use the OCR online portal to file complaints rather than filing via mail. Persons who need assistance with filing a civil rights complaint can email OCR at [OCRMail@hhs.gov](mailto:OCRMail@hhs.gov) or call OCR toll-free at **1-800-368-1019**, TDD 1-800-537-7697. For persons who are deaf, hard of hearing, or have speech difficulties, please dial 7-1-1 to access telecommunications relay services. We also provide alternative formats (such as Braille and large print), auxiliary aids and language assistance services free of charge for filing a complaint.

The Missouri Department of Social Services is an equal opportunity provider.